



Gamble Aware Week 2020

Get back to the real game.

Watching more odds than action? Don't let your sports betting and gambling spiral out of control.

Have you:

- Bet more than you could really afford to lose?
- Gambled to win back money?
- Felt guilty or anxious about your gambling and the issues it may be causing?
- Needed to bet with larger amounts to get the same rush?
- Lost track of how much money and time you've spent gambling?
- Had people question you about your gambling lately?

Join us for **Gamble Aware Week**, this year held online. We'll be discussing topics such as how to recognise and support a mate who might be experiencing gambling harm.



Department of Communities Tasmania

Date: Monday, 19 October – Saturday, 24 October

Time 9.00am – 5.00pm daily

Signup: anglicare-tas.org.au/gamble-aware-week

Keep an eye on our Facebook page, [@AnglicareTas](https://www.facebook.com/AnglicareTas), for more content throughout the week.

Gamblers Help is funded by the Tasmanian Government through the Department of Communities. Visit the Department of Communities for more information.

Relationships Australia
TASMANIA

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anglicare-tas.org.au

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