

NDIS Counselling and Social Work Support Service*

Available
**State
Wide**

Phone or email us at
connectsupport@anglicare-tas.org.au

*Must have required NDIS funding



1800 243 232
anglicare-tas.org.au

NDIS Counselling and Social Work Support Service

Anglicare Social Workers provide counselling and social work support under the National Disability Insurance Scheme (NDIS). They will provide a safe and supportive space for you to explore challenges you are having in your life, and develop strategies with you to address them.

Examples of areas they can support you with:

- Managing mental health
- Relationship issues
- Feelings of stress, anxiety or depression
- Ways to improve sleep
- Coping with grief and loss
- Exploring past trauma or abuse
- Building better relationships
- Developing mental health support plans or safety plans
- Supporting you to engage with other services and the community

The service can be provided in your own home, in the community or at an Anglicare office.

All Anglicare Social Workers are fully registered with the Australian Association of Social Workers.

Requires NDIS funding for either 'Capacity Building - Improved Daily Living - Individual Counselling' or 'Core-Assistance with Daily Life - Therapy Related Supports - Assessment, Recommendation, Therapy - Other Therapy'

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 **Anglicare**TAS
Choice, support and hope