

## Length of stay

There are several options when staying at Curraghmore that can be arranged to meet each persons needs. These include:

- Longer term stays
- Short term stays, up to 14 days
- Medium term stays, of up to 90 days
- Respite, from 1 day to 42 days.

## Interested?

Please contact us via email  
[curraghmore@anglicare-tas.org.au](mailto:curraghmore@anglicare-tas.org.au)  
phone (03) 6451 5831 or  
freecall 1800 243 232



BSC-113337



**Anglicare**TAS  
*Choice, support and hope*

# Curraghmore



Mental Health Supported  
Living Program



1800 243 232  
[anglicare-tas.org.au](http://anglicare-tas.org.au)



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## Curraghmore is a Supported Independent Living program located in Devonport, Tasmania and managed by Anglicare.

The program provides for people who live with non-urgent mental ill-health and have received NDIS psychosocial (mental health) disability funding for one or more of the following supports:

- Supported Independent Living (SIL)
- Individualised Living Option (ILO)
- Medium-term Accommodation (MTA)
- Short-term Accommodation (STA)

## Support available

### Mental health support workers

Residents have access 24/7 to mental health support workers, including an overnight awake shift.

### Daily living skills

Support plans are tailored to individual goals to enhance independence and wellbeing. Active participation in activities of daily living is encouraged.

### Building independence

Residents are supported in decision-making, communication, independent living, and community engagement.

### Vehicle

A vehicle is available to support participants' needs.

## Activities available

Activities can be tailored to individual needs. We provide a games room including a pool table, sensory room, weekly group cooking activity, an outdoor area, bike riding, art and craft, a spa room, walks, and access to local events, games and group activities.

Curraghmore is close to the beach, river walks, local parks, sporting facilities, shops, Medical Centres, Chemists, Cinema, pool and restaurants.

