

Anglicare Community services (NORTH WEST)

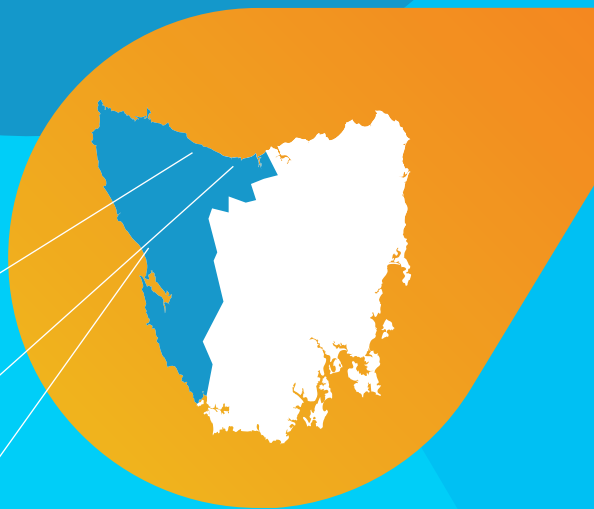
Facing life's challenges together

Burnie:
6 Strahan Street*

* The Burnie office will be moving
in late 2020. Our new address
will be **51 Wilmot St.**

Devonport:
31 King Street


Zeehan:
102 Main Street



1800 243 232
anglicare-tas.org.au



AnglicareTAS
Choice, support and hope



No matter what your situation, Anglicare provides **choice**, professional **support** and **hope** for all Tasmanians.

Our mission

Anglicare, in response to the Christian faith, strives to achieve social justice and provide the opportunity for people in need to reach fullness of life.

Our values



Hope:

Confidently reaching for fullness of life.

Compassion:

Showing empathy and care for those in need.

Justice:

Promoting the fair distribution of resources and opportunities.

Respect:

Recognising the inherent value and dignity of every person.

Anglicare is a not-for-profit organisation. We have helped Tasmanians for over 30 years, offering choice, support and hope.

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Alcohol and other drugs

Anglicare cares about people whose lives are being affected by alcohol and other drugs.

We provide a comprehensive range of services to support people whose lives are affected by alcohol and other drugs. We support their family or carers too. Our support is free and confidential.

Anglicare Drug and Alcohol Treatment Service (ADATS)

Our professional allied health workers will provide you with tailored treatment designed to support you to reduce the harm and impacts of substances on your life.

Anglicare Drug and Alcohol Treatment Service Plus (ADATS+)

Our Drug and Alcohol Treatment Service Plus is for young people aged 12+, or for people who are also experiencing homelessness or mental health issues.

Needle and Syringe Program (NSP)

The Needle and Syringe Program (NSP) at our Burnie Office is a non-judgemental, confidential, friendly service. It has a range of injecting equipment, disposal facilities and resources for people who inject drugs. At NSP, you'll find specialised staff who can provide interventions, referrals, equipment demonstrations and information.

Hepatitis Prevention Program (HPP)

Anglicare's Hepatitis Prevention Program provides services to reduce viral hepatitis in Tasmania. Our support includes helping people access testing for blood borne viruses, support for Hep B and Hep C treatment and education about the transmission and how to prevent it.

Family Support North-North West

Family Support North-North West provides information and support to anyone affected by a family member or significant other using alcohol or other drugs. You might be their step-parent, grandparent, sister or child. We welcome all types of families.

Care Coordination Service

Anglicare's Care Coordination Service is for people on alcohol and drug programs. It coordinates services for people who have significant alcohol and drug issues and also one or more of the following: an acquired brain injury, mental or physical health issues, intellectual or cognitive impairments, risk-taking behaviours, at risk of homelessness, or factors in their environment that pose a risk (such as family violence).

Referrals need to be made through the **Alcohol and Drug Services**.

Mental health and wellbeing

We all have to face challenges in life. People who have good mental health are more likely to be able to cope with the ups and downs. Our mental health is made up of our psychological, emotional and social wellbeing. This means it affects how we feel, think and behave each day. Our mental health also contributes to our decision-making process, how we cope with stress and how we relate to others in our lives.

Attempted Suicide Aftercare Program (ASAP)

Our Attempted Suicide Aftercare Program (ASAP) is for people aged 15+ who have attempted suicide, self-harm or have suicide ideation. It is a free, state-wide service for people who are not receiving ongoing (public) Mental Health Service Case Management. ASAP is also for friends and family who are supporting someone who has attempted suicide.

Gambling

Gambling can quickly get out of control. The odds are against you and, in the long run, you'll never get ahead. It's designed that way.

Gambler's Help

If gambling is affecting you or your family, you can use the Gambler's Help service. You can receive free personal or family counselling and group support. Learn strategies to help you or others get a grip on gambling.

If you'd like a 'self-exclusion order' that bars you from gambling areas in Tasmania, we can arrange that. We can provide support and encouragement, too. If you are a community member in an area that has a gambling issue, we can arrange an educational workshop.

Gambler's Help is a free service.

To find out more, please call **Gambler's Help** on **1800 243 232**.

Financial counselling

Anglicare makes it easy to get help and explore options when money challenges make life difficult.

Financial counsellors provide a free, independent and confidential service. They can help you organise your budget, suggest ways to manage your debt, and refer you to other useful services.

Financial counsellors can advise about consumer credit law, debt enforcement practices, bankruptcy, industry hardship policies and government concessions.

The Financial Counselling Service is funded by the State and Commonwealth governments.

Our counsellors can provide information about:

- Your options for dealing with debt
- Negotiating with creditors
- Your rights and responsibilities as a consumer
- Accessing your superannuation
- Bankruptcy and its alternatives
- Referral to legal services if needed
- Money management and budgeting.

You can meet with counsellors in our Burnie and Devonport offices. They also regularly visit the outer suburbs in Tasmania.

Community-based organisations can ask for education sessions for their members about any financial issue.

Financial counselling is a free service.

For more information, please call the **Financial Helpline** on **1800 007 007**.

Families, youth and children

Many of our services are designed specifically to support you through the different stages of your life.

We can also provide support to rebuild those family relationships when they have spun out of control. Our programs are free and confidential.

KIDS

If you're a new parent or have a child under 12 in East Devonport, Railton, Sheffield, Kentish or Ulverstone, the KIDS program can provide free parenting support and experience to you in your own home.

Your KIDS program worker will explain the different stages of your child's growth and listen to any worries you may have. They'll work with you to respond to the changing needs of your growing child and will help you to identify services that can provide further information and assistance.

Child and Youth Mental Health Service

Our Child and Youth Mental Health Service provides free outreach support for families with children and young people (0-18) who are showing early signs of or at risk of developing mental illness.

Anglicare's professional staff work alongside young people, their families and carers to support the young person's mental wellbeing. We can provide brief interventions, intensive long-term support and community education to help you achieve your goals.

This program has a primary focus on children and young people while working with them in a whole-of-family context.



Reconnect

Reconnect is an early intervention service for young people aged 12-18 who are homeless or at risk of becoming homeless. It aims to help stabilise their living situation, develop more positive relationships with their family, and support connections with education, work, training and the community. Your worker can meet you at school, home, our office or any other place you feel safe to provide one-on-one counselling, mediation or practical support.

Taz Kids

Taz Kids provides free clubs in schools and camps, and family days in the school holidays, for young Tasmanians aged 7-17 who have a parent or guardian with mental health issues. When someone in the family is struggling with mental health, they're not the only ones who feel the stress. Sometimes kids need a supportive environment where they can connect with other kids in similar situations.

Kids in Focus

The Kids in Focus program is a voluntary program that can assist families and children up to 18 years of age who are impacted by parental use of alcohol or other drugs. It provides children and their families with the tools to thrive and succeed, as individuals and as a family. We welcome people who are culturally and linguistically diverse, Aboriginal and Torres Strait Islanders and all families.

NESTS

NESTS is a free, voluntary program for 0-5 year-olds (including unborn children) and their primary caregiver. It provides specialised family therapy that focuses on building a secure attachment between child and primary care giver after there has been a relational trauma. This can severely affect a child's healthy development. We work with caregivers to improve real and felt attachment-security with their child. This has great benefits for the child's future development, behaviour and happiness.

To access NESTS, start by calling **Strong Families Safe Kids** on **1800 000 123** (they can refer to NESTS).

Pathway Home

Pathway Home provides intensive support and skill building to families that have children in out of home care. Support is tailored to the needs of the child, and the program assists families to get their children home and supports them to keep them home.

Referrals need to be made through the **Child Safety Services**.

Family Advocacy and Support Service (FASS)

The Family Advocacy and Support Service (FASS) has Family Violence Support workers based in the Family Law Courts. If you are affected by family violence, FASS can help you with safety planning and risk assessment when at home, in the community, attending court, and liaising with court and security staff.

Referrals need to be made through **Legal Aide Tasmania**.

Relationship Abuse of an Intimate Nature (RAIN)

Relationship Abuse of an Intimate Nature (RAIN) provides social and practical support for women, men and children who have been subjected to domestic or family violence. This can be physical, verbal, financial, emotional or mental abuse. RAIN is not a crisis service and it does not support perpetrators. RAIN is provided from offices in Devonport and Burnie with outreach to the West Coast, Circular Head and King Island.



Supported Youth Program (SYP)

The Supported Youth Program (SYP) provides support to young people aged 10 to 18 who have been identified by community or welfare professionals as having significant or multiple risks.

Examples are: an unstable home environment, disengagement with school, use of alcohol or drugs, difficulties fitting in at school. You can get counselling and mediation with your family if you need it.

The program may focus on new pathways for learning by participating in therapeutic camps for self-development, helping you to access youth-friendly places for outreach, and being involved with groups or as an individual on activities and projects that promote personal learning.

To access the SYP service, start by calling **Strong Families Safe Kids** on **1800 000 123** (they can refer to SYP).

West Coast Support Service

West Coast Support Service provides several different services. Examples are: outreach parenting help for families, helping people to deal with problems and difficult situations, finding services for people, and working with groups across the West Coast.



Housing

Finding the right home is a big part of life and an important decision for anyone.

At Anglicare, we understand that many Tasmanians can't afford to buy a house. There is also a big shortage of rental properties.

When searching for an affordable home, many people will live in a series of short-term, problematic housing situations, often relying on the help of family or friends to put them up temporarily. This instability can affect health and wellbeing, make it difficult to keep children in school, and can make employment or looking for work very difficult. So we work with people to help obtain and maintain tenancies.

We can also connect people to other services they may need during this time to improve their wellbeing and personal opportunities.

Anglicare's supported accommodation is one option for adults who are looking for safe and affordable long-term housing with onsite support.

Transitional accommodation is an option for young people who are looking to pursue education and employment in a supported environment.

Access to Anglicare's housing services

Housing Connect

Housing Connect is the one-stop shop for all your housing and support needs. You will only need to have one assessment, for emergency accommodation or a long-term home.

Housing Connect can help you with:

- Applying for public or community housing
- Support and advice with your private rental, including bond and rent arrears
- Emergency accommodation
- Support and advice on how to stay in your home
- Help after family violence
- Information and advice on your housing options.

Housing Connect is a free service.

To find out more, please call **Housing Connect** on **1800 800 588**.

Funding bodies

Housing Connect is supported by the Crown through the Department of Communities Tasmania.

The Financial Counselling Service is funded by the Australian Government Department of Social Services. Visit dss.gov.au for more information. Financial Counselling services are also supported by the Crown through the Department of Communities Tasmania.

Gambler's Help is funded by the Australian Government Department of Social Services. Visit dss.gov.au for more information. It is also supported by the Crown through the Department of Communities Tasmania.

ADATS and ADATS plus are supported by funding from Tasmania PHN (Primary Health Tasmania) through the Australian Government's PHN Program.

The following services are funded by the Australian Government Department of Social Services:

- KIDS
- Kids in Focus
- Child and Youth Mental Health Services
- Reconnect.

Visit dss.gov.au for more information.

The following services are supported by the Crown through the Department of Communities:

- Pathway Home
- Supported Youth Program (SYP)
- NESTS
- RAIN.

The following services are supported by the Crown through the Department of Health Tasmania:

- ASAP
- Care Coordination Service
- Family Support North-North West
- Taz Kids
- Hepatitis Prevention Program
- Needle and Syringe Program.

The Family Advocacy and Support Service (FASS) is funded through the Legal Aid Commission Tasmania.



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