

Anglicare **Community services (NORTH)**

Facing life's challenges together.


Launceston:
122 Elizabeth St

St Helens:
56 Cecilia St



1800 243 232
anglicare-tas.org.au

 **Anglicare**TAS
Choice, support and hope



No matter what your situation, Anglicare provides **choice**, professional **support** and **hope** for all Tasmanians.

Our mission

Anglicare, in response to the Christian faith, strives to achieve social justice and provide the opportunity for people in need to reach fullness of life.

Our values



Hope:

Confidently reaching for fullness of life.

Compassion:

Showing empathy and care for those in need.

Justice:

Promoting the fair distribution of resources and opportunities.

Respect:

Recognising the inherent value and dignity of every person.

Anglicare is a not-for-profit organisation. We have helped Tasmanians for over 30 years, offering choice, support and hope.

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Alcohol and other drugs

Anglicare cares about people whose lives are being affected by alcohol and other drugs.

We provide a comprehensive range of services to support people whose lives are affected by alcohol and other drugs. We support their family or carers, too. Our support is free and confidential.

Anglicare Drug and Alcohol Treatment Service (ADATS)

Our professional allied health workers will provide you with tailored treatment designed to support you to reduce the harm and impacts of substances on your life.

Anglicare Drug and Alcohol Treatment Service Plus (ADATS+)

Our Drug and Alcohol Treatment Service Plus is for young people aged 12+, or for people who are also experiencing homelessness or mental health issues.

Hepatitis Prevention Program (HPP)

Anglicare's Hepatitis Prevention Program provides services to reduce viral hepatitis in Tasmania. Our support includes helping people access testing for blood borne viruses, support for Hep B and Hep C treatment and education about the transmission and how to prevent it.

Family Support North-North West

Family Support North-North West provides information and support to anyone affected by a family member or significant other using alcohol or other drugs. You might be their step-parent, grandparent, sister or child. We welcome all types of families.

Break O'Day Alcohol and Drug Service

If you are living on the East Coast, the Break O'Day Alcohol and Drug Service will provide you with tailored treatment designed to support you to live free from substance dependence.

Care Coordination Service

Anglicare's Care Coordination Service is for people on alcohol and drug programs. It coordinates services for people who have significant alcohol and drug issues and also one or more of the following: an acquired brain injury, mental or physical health issues, intellectual or cognitive impairments, risk-taking behaviours, at risk of homelessness, or factors in their environment that pose a risk (such as family violence).

Referrals need to be made through the **Alcohol and Drug Services**.

Mental health and wellbeing

We all have to face challenges in life. People who have good mental health are more likely to be able to cope with the ups and downs. Our mental health is made up of our psychological, emotional and social wellbeing. This means it affects how we feel, think and behave each day. Our mental health also contributes to our decision-making process, how we cope with stress and how we relate to others in our lives.

Recovery

Anglicare's Recovery program is for people living with mental health challenges who live in independent accommodation. The program assists people to overcome barriers that get in the way of their efforts to attain a desired life.

This service is free, community based, flexible and recovery focused for people aged 16+, and who don't meet the criteria for Older Persons Mental Health Services.

Referrals need to be made through the **Maximising Recovery Panel (MRP)**.

Attempted Suicide Aftercare Program (ASAP)

Our Attempted Suicide Aftercare Program (ASAP) is for people aged 15+ who have attempted suicide, self-harm or have suicide ideation. It is a free, state-wide service for people who are not receiving ongoing (public) Mental Health Service Case Management. ASAP is also for friends and family who are supporting someone who has attempted suicide.

Financial counselling

Anglicare makes it easy to get help and explore options when money challenges make life difficult.

Financial counsellors provide a free, independent and confidential service. They can help you organise your budget, suggest ways to manage your debt, and refer you to other useful services.

Financial counsellors can advise about consumer credit law, debt enforcement practices, bankruptcy, industry hardship policies and government concessions.

The Financial Counselling Service is funded by the State and Commonwealth governments.

Our counsellors can provide information about:

- Your options for dealing with debt
- Negotiating with creditors
- Your rights and responsibilities as a consumer
- Accessing your superannuation
- Bankruptcy and its alternatives
- Referral to legal services if needed
- Money management and budgeting.

You can meet with counsellors in our Launceston offices. They also regularly visit the outer suburbs in Tasmania. Community organisations can ask for education sessions for their members about any financial issue.

Financial counselling is a free service.

For more information, please call the **Financial Helpline** on **1800 007 007**.

East Coast Emergency Relief

This service can help you if you are living on the East Coast and experiencing an immediate crisis. Financial or material assistance includes food parcels, clothes and vouchers (such as for supermarkets, utilities and petrol). The service can also refer you to other services that can help you pay your bills or reduce your risk of being unable to pay your bills.

Families, youth and children

Many of our services are designed specifically to support you through the different stages of your life. We can also provide support to rebuild family relationships when they have spun out of control. Our programs are free and confidential.

HIPPY

HIPPY is for families with children who are turning four, enrolled in pre-kinder or kindergarten, and who live in and around Launceston. HIPPY tutors give you support and resources. Use these to do some fun learning at home with your child for 10 to 15 minutes each weekday. The quality time you spend together doing HIPPY gives children a great start for their early years at school. HIPPY is a home-based school-readiness program.

Communities for Children

In Launceston and the Tamar Valley, our Communities for Children service delivers free programs and activities with other community providers. Examples are parenting support, group peer support, case management, home visiting, community events and life skills courses.

Taz Kids

Taz Kids provides free clubs in schools and camps, and family days in the school holidays, for young Tasmanians aged 7-17 who have a parent or guardian with mental health issues. When someone in the family is struggling with mental health, they're not the only ones who feel the stress. Sometimes kids need a supportive environment where they can connect with other kids in similar situations.

Kids in Focus

The Kids in Focus program is a voluntary program that can assist families and children up to 18 years of age who are impacted by parental use of alcohol or other drugs. It provides children and their families with the tools to thrive and succeed, as individuals and as a family. We welcome people who are culturally and linguistically diverse, Aboriginal and Torres Strait Islanders and all families.

Pathway Home

Pathway Home provides intensive support and skill building to families that have children in out of home care. Support is tailored to the needs of the child, and the program supports and assists families to get their children home and supports them to keep them home.

Referrals need to be made through **Child Safety Services**.

Family Advocacy and Support Service (FASS)

The Family Advocacy and Support Service (FASS) has Family Violence Support workers based in the Family Law Courts. If you are affected by family violence, FASS can help you with safety planning and risk assessment when at home, in the community, attending court, and liaising with court and security staff.

Referrals need to be made through **Legal Aide Tasmania**.

Personal and Family Counselling East Coast

Personal and Family Counselling East Coast provides counselling for people in crisis. These may be children, adults, families or groups, people with a disability, people with drug or alcohol issues, or people experiencing family violence or other family tensions affecting wellbeing.

Supported Youth Program (SYP)

The Supported Youth Program (SYP) provides support to young people aged 10 to 18 who have been identified by community or welfare professionals as having significant or multiple risks.

Examples are: an unstable home environment, disengagement with school, use of alcohol or drugs, difficulties fitting in at school. You can get counselling and mediation with your family if you need it.

The program may focus on new pathways for learning by participating in therapeutic camps for self-development, helping you to access youth-friendly places for outreach, and being involved with groups or as an individual on activities and projects that promote personal learning.

To access the SYP service service, start by calling **Strong Families Safe Kids** on **1800 000 123** (they can refer to SYP).



Housing

Finding the right home is a big part of life and an important decision for anyone. At Anglicare, we understand that many Tasmanians can't afford to buy a house. There is also a big shortage of rental properties.

When searching for an affordable home, many people will live in a series of short-term, problematic housing situations, often relying on the help of family or friends to put them up temporarily. This instability can affect health and wellbeing, make it difficult to keep children in school, and can make employment or looking for work very difficult. So we work with people to help obtain and maintain tenancies.

We can also connect people to other services they may need during this time to improve their wellbeing and personal opportunities.

Anglicare's supported accommodation is one option for adults who are looking for safe and affordable long-term housing with onsite support.

Transitional accommodation is an option for young people who are looking to pursue education and employment in a supported environment.

Access to Anglicare's housing services

Housing Connect

Housing Connect is the one-stop shop for all your housing and support needs. You will only need to have one assessment, for emergency accommodation or a long-term home.

Housing Connect can help you with:

- Applying for public or community housing
- Support and advice with your private rental, including bond and rent arrears
- Emergency accommodation
- Support and advice on how to stay in your home
- Help after family violence
- Information and advice on your housing options.

Housing Connect is a free service.

To find out more, please call **Housing Connect** on **1800 800 588**.

Funding bodies

Housing Connect is supported by the Crown through the Department of Communities Tasmania.

The Financial Counselling Service is funded by the Australian Government Department of Social Services. Visit dss.gov.au for more information. Financial Counselling services are also supported by the Crown through the Department of Communities Tasmania.

The East Coast Emergency Relief Service is subcontracted through Salvation Army Tasmania, which is funded by the Australian Government Department of Social Services.

ADATS and ADATS plus are supported by funding from Tasmania PHN (Primary Health Tasmania) through the Australian Government's PHN Program.

The following services are funded by the Australian Government Department of Social Services:

- Communities for Children
- Kids in Focus.

Visit dss.gov.au for more information.

The following services are supported by the Crown through the Department of Communities:

- Pathway Home
- Personal and Family Counselling East Coast
- Supported Youth Program (SYP).

The following services are supported by the Crown through the Department of Health Tasmania:

- ASAP
- Break O'Day Alcohol and Drug Service
- Care Coordination Service
- Family Support North-North West
- Recovery
- Taz Kids
- Hepatitis Prevention Program.

The Family Advocacy and Support Service (FASS) is funded through the Legal Aid Commission Tasmania.

HIPPY is funded through the Brotherhood of St Laurence.

Notes

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