

Pathways Activity Schedule

January – March 2019

Monday Tuesday Wednesday Thursday Friday

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 January/ February	28 AUSTRALIA DAY PUBLIC HOLIDAY CLOSED	29 Drop In Day @ Pathways 34 Cameron St Board games 11am-2pm	30 Boat ride @Pennyroyal Leaving from Anglicare 10:30am-12:30pm	31 Walking Group Leaving from Anglicare 10:30am- 12:00pm	1 One-to-One Support By Appointment
Week 2 February	4 Beauty Point Seahorse Farm Leaving from Anglicare 10:30am-1:30pm	5 Drop In Day @ Pathways 34 Cameron St NDIS Info & Application Support and Arts and Crafts 11am-2pm	6 Cataract Gorge Barbecue Leaving from Anglicare 10:30am-1:30pm	7 Walking Group Leaving from Anglicare 10:30am- 12:00pm	8 One-to-One Support By Appointment
Week 3 February	11 Table Tennis @ Elphin Sport Centre Leaving from Anglicare 10:30am-2pm	12 Drop In Day @ Pathways 34 Cameron St NDIS Info and Application Support and Table Tennis 11am-2pm	13 Minigolf @ Grindelwald Leaving from Anglicare 10:30am-1:30pm	14 Walking Group Leaving from Anglicare 10:30am- 12:00pm	15 One-to-One Support By Appointment
Week 4 February	18 Badminton @ Elphin Sport Centre Leaving from Anglicare 10:30am- 12:30pm	19 Drop In Day @ Pathways 34 Cameron St NDIS Info and Application Support and Card Games 11am-2pm	20 LAUNCESTON CUP PUBLIC HOLIDAY CLOSED	21 Walking Group Leaving from Anglicare 10:30am- 12:00pm	22 One-to-One Support By Appointment

Monday – Social and Recreational Day

To RSVP call 1800 243 232 as soon as possible as spaces can be limited.
Leaving from Anglicare - 122 Elizabeth Street at 10:30am.

Tuesday – Drop in Day

Drop-in to Pathways at 34 Cameron St. from 11am to 2pm. During the month of February the Drop-In days will be running sessions for everything NDIS-related. Joining Pathways will be workers with expertise in the NDIS field. Whether you need assistance writing an NDIS application, submitting an application or just want information about the NDIS, the Pathways Team can assist with your inquiries.

Wednesday – Social and Recreational Day

To RSVP call 1800 243 232 as soon as possible as spaces can be limited.
Leaving from Anglicare - 122 Elizabeth Street at 10:30am.

Thursday – Social Walking Group

Explore the local places in our community, make friends and get fit in the process. All fitness levels welcome. **Leaving from Anglicare - 122 Elizabeth Street at 10:30am.**

Friday – One-to-one Support with your Pathways Worker

We offer **one-to-one support** by working with people to identify and improve their social and mental health outcomes. We can also support people in applying for an NDIS plan. Discuss how Anglicare financial aid (brokerage) can assist people to reach their social, recreational and educational goals. **For an appointment call 1800 243 232.**

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	Monday	Tuesday	Wednesday	Thursday	Friday
Week 5 February/ March	25 Ten Pin Bowling Leaving from Anglicare 10:30am-12:30pm	26 Drop In Day @ Pathways 34 Cameron St NDIS Info and Application Support and Arts and Crafts 11am-2pm	27 Tamar Island Walk Leaving from Anglicare 10:30am-1pm	28 Walking Group Leaving from Anglicare 10:30am-12:00pm	1 One-to-One Support By Appointment
Week 6 March	4 Grindelwald Paddleboats and BBQ Leaving Anglicare from 10:30am-1:30pm	5 Drop In Day @ Pathways 34 Cameron St Cooking 11am-2pm	6 Archery @ Paringa Archery Leaving from Anglicare 10:30am-12:30pm	7 Walking Group Leaving from Anglicare 10:30am-12:00pm	8 One-to-One Support By Appointment
Week 7 March	11 EIGHT HOURS DAY PUBLIC HOLIDAY CLOSED	12 Drop In Day @ Pathways 34 Cameron St Maxima Talk 11am-2pm	13 Lawn Bowls @ Seaport Leaving from Anglicare 10:30am-12:30pm	14 Walking Group Leaving from Anglicare 10:30am-12:00pm	15 One-to-One Support By Appointment
Week 8 March	18 Riverside Zoo Leaving from Anglicare 10:30am-2:00pm	19 Drop In Day @ Pathways 34 Cameron St Art Workshop 11am-2pm	20 Ten Pin Bowling Leaving from Anglicare 10:30am-12:30pm	21 Walking Group Leaving from Anglicare 10:30am-12:00pm	22 One-to-One Support By Appointment

When and where?

Find Anna, Shibu and Ashley at Anglicare, 122 Elizabeth Street, Launceston

or

Drop in to Pathways at 34 Cameron Street (opposite the Grand Chancellor Hotel) every Tuesday from 11am-2pm.

How do I join?

Call 1800 243 232 to make an appointment, drop in on a Tuesday at Pathways, 34 Cameron Street or be referred by your support worker.

Online?

www.anglicare-tas.org.au/pathways

*These activities are facilitated by RecLink Australia.

For more information check www.Reclink.org.

